

Unlock capacity and collaboration

# IN OUR ELEMENT

In Our Element is a breakthrough development program for senior teams that combines neuroscience, critical path mapping and 1:1 coaching to create unprecedented momentum and effectiveness.

In Our Element is the high-impact answer to common organizational and talent challenges:

- Creating trust and alignment in a new or evolving leadership team.
- Transforming high-performing individuals into a cohesive, collaborative group.
- Driving individual and collective efforts toward a critical milestone or goal.
- Removing barriers and jump-starting traction in high-stakes project teams.
- Creating individual ownership and accountability for shared outcomes.

in your senior leaders and teams.

Compared with people at low-trust companies, people at high-trust companies report:\*

**74%**  
Less Stress

**50%**  
Higher  
Productivity

**106%**  
More Energy  
at Work

**76%**  
More  
Engagement

**40%**  
Less Burnout

**13%**  
Fewer Sick Days

**29%**  
More Satisfaction with Their Lives

## Who?

This intensive, immersive program is specifically designed for senior and executive-level leadership teams, as well as cross-functional teams tasked to deliver on mission-critical projects or priorities.

## What?

**This unique cohort program builds leadership capacity and drives performance individually and collectively over the course of 6–9 months:**

- Peer, individual and leader pre-interviews identify areas of focus.
- Group practicum sessions lay the program foundation.
- 1:1 coaching increases engagement, accountability and growth.

## Intrigued?

Share your challenges and we can help you design a program to achieve and exceed your specific organizational objectives. Let us help you unleash the potential of your leaders and teams with a custom experience designed with your goals and ROI in mind.

*"This is life-changing stuff. It literally changes the way people do life and do leadership."*

*"This program exceeded all my expectations. Yes, it was a significant investment of money and people's time, but it was so worth it."*

*"Working on different continents, we now understand each other and how we each show up and contribute as a global leadership team."*



[thedisruptiveelement.com](http://thedisruptiveelement.com)

\*HBR-Neuroscience of Trust

# IN OUR ELEMENT

## Journey Map

### 2. Understanding Brains and Behavior

Participants identify patterns, priorities & goals – and share relevant insights. **Builds self-awareness and appreciation of different styles and approaches.**

### 4. Tapping into 'Our Best'

Participants self-reflect and identify what it looks like when they are at their best. **Builds trust, connection and motivation to aspire.**

### 5. The Power of Presence

Participants learn the science behind mindfulness that can mitigate stress and increase leadership capacity. **Builds skills that help leaders become more focused, resilient and effective.**

### 1. Setting the Stage

Introducing In Our Element

### 3. Establishing the Critical Path Road Map

Participants collectively define the endgame and identify what is needed to either support or detract from the desired outcome. **Creates visibility, accountability and buy-in.**

### 6. Final Debrief

Making the changes sustainable.

**Celebrate!**

MONTH 1

MONTH 8

# THE DISRUPTIVE ELEMENT

## Educate

Understand how your brain works and why these areas of focus are critical.

## Connect

Each focus area is uniquely tied to your teams objectives and 1:1 coaching provides insight, accountability and further development.

## Apply

Translate insights and connections immediately into new actions. Each practicum builds upon the last for a fully integrative, sustainable result!